

Bath & North East Somerset Child & Adolescent Mental Health Services

Mandy Round
Sam Shrubsole
Operational Service Managers

Range of services

- Community CAMH service providing specialist therapeutic work
- Outreach service working flexibly to engage hard to reach young people and families
- Crisis wraparound and intensive support– in and out of hours. Alternative to admission and facilitating early discharge from inpatient services
- DBT, IAPT and other specialist therapies
- Primary CAMHS providing brief evidence based interventions
- Specialist Team working with children and young people with a learning disability

Additional benefits & strengths

- Out of hours support
- 7 day a week service
- Extended working hours
- Counselling service
- Additional support to schools
- Training
- Consultation
- Strong and effective multi agency partnerships and working

Dispelling the myths

❖ Long waiting times

- Referrals are screened on the day they are received
- In Community CAMHS 76% of routine referrals are seen within 4 weeks and 94% are seen within 8 weeks.
- In OSCA 95% of referrals are seen within 4 weeks and 100% within 8 weeks
- Emergency referrals are seen the same day and any urgent referrals are seen within 7 days following a telephone contact.

❖ Under resourced services

- The service is fully resourced with a multi disciplinary team of professionals, no front line posts have been lost since 2010.

❖ Terrible services

- Staff are trained to a high standard and investment in training, development and maintaining professional standards is an ongoing commitment within the Trust
- Feedback from children, young people and families is positive

❖ Access to inpatient beds

- There has been no difficulties accessing inpatient beds when needed.

NHS England " BANES CAMHS do seem to manage to have fairly short admissions"
March 2015

Challenges

- Number of young people requiring support increasing
- Complexity of emotional distress
- Risky behaviour
- Environment and family issues
- Loss of early help, preventive services
- Ensuring that increasing number of routine referrals does not further impact on waiting times

New developments

- Introduction of direct access for 16 and 17 year olds
- 18-25 service for care leavers
- Access for young people to 136 suite
- Joint transition protocol between CAMHS and Adult Mental Health and monthly transition meetings held
- Emotional resilience in school hubs
- Use of Facetime with children and young people.

Participation

Oxford Health is committed to involving children, young people and families in all aspects of service development.

- Dedicated role for participation lead
- Young people part of staff recruitment panel
- Training for all staff on participation – led by young people
- Young people involved in national training events and conferences
- Young people lead on the design of leaflets & posters
- Young people developed materials used for direct access for 16-17 year olds and attending all 6th Forms to share information
- Young people sit on Participation Strategy group for BANES and part of BANES equalities group
- Involved in development of B-Zine website
- Development of Oxford Health website with pages specific to BANES CAMHS
- Young people supporting the delivery of mental health training in schools as part of PSHE programme.